

How to make a Face Mask

What you will need for one mask

- Two pieces of tightly woven 100% cotton fabric, each cut to 9" x 6"
 - OPTION ONE: Two pieces of cord elastic or narrow flat elastic, 7" long. If using cord elastic, tie a knot at each end (DO NOT knot the ends of the flat). The elastic will make one loop on each side to go over the wearer's ears.
 - OPTION TWO: Four pieces of 1/4" wide ribbon, each 18" long.
1. Put right sides (pattern sides) of cotton fabric together
 2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic (or one piece of ribbon) into the corner, cut edge out. A few stitches forward and back will hold this.
 3. Sew to the next corner, stop, and bring the other end of the same elastic (or a second ribbon) to the corner and sew a few stitches forward and back.
 4. Now sew across that top of the mask to the next corner. Again put an elastic or ribbon in the corner, cut edge out.
 5. Sew to the next corner and sew in the other end of the same elastic (or a new ribbon).
 6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn right side out.
 7. Pin 3 pleats on each side of the mask. Make sure the pleats are the same direction.
 8. Sew around the edge of the mask twice.

Many videos of these masks being made can be found online at: <https://youtu.be/9tBg0Os5FWQ> and elsewhere.

Be sure any fabric design is placed horizontally.

